

PPRAISE FOR ALLURA

"I was a guest on Allura's anti-aging show and I have to say that out of the literally hundreds of shows I've been on, her questions were the clearest, her knowledgable comments were the most relevant, and the truths she shared were deep, profound and exceedingly articulate. Now I can't wait to interview her on my show! I have no doubt that she will make my job easy - and will hit a home run or my audience."

Debra Poneman, Founder and president, Yes to Success, Inc

"Allura has such a powerful story to share and does it with such grace. She brought depth and profound awareness to her subject. It was a powerful and informative interview.

Andrea Pflaumer, Author or **Shopping for the Real You** and creator of the "Vital, Vivacious, and Visible after 50" online show

"Allura is one of my go to experts for helping clients deal with trauma and grief. Rarely does one find such a combination of empathy and compassion with expert knowledge. She is a asset to any podcast, webinar, or conference."

Victoria Lowell, the Empowered

Worth Podcast



Allura Adelson

COACH, HEALER, AUTHOR, SPEAKER

Help for women over 50 so that they will love how they look and feel again!

Allura is lovingly dedicated to helping women 50 and up to help them reconnect with the essence of who they are and to increase their life force energy so they not only look younger, but gain greater clarity, confidence, and personal power.

Author of the Amazon #1 Bestseller, Let Your Goddess Shine Through!, Allura is also a coach, healer, and speaker.

With 5 decades experience as a transformational mentor, she is certified in several modalities and has co-created 150+ Divine healing products, working closely with Divine and Goddess Energies through the products and in her healings.

Some Favorite Topics:

Even Goddesses Get the Blues. - It's not all sweetness and serenity in our current times, but you can live your goddess life with style and grace.

Finding Your Bliss after 50 - Allura started a whole new chapter of her life after 50. It's not downhill, but reaching new heights

A Jack-o-Lantern's Guide to Looking Younger - How 50+ women can regain the radiance of youth!

CONTACT INFO

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